



# Assumption School

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Dear Parents/Guardians

September has arrived and along with it comes the start of a new school year. I am sure that you are all well aware that public health officials within the United States and throughout the world are investigating outbreaks of swine flu. It seems to have been a great summer but with the children congregating in groups it is sure to rear its ugly head.

Swine flu is a respiratory disease of pigs, caused by a type A influenza virus that regularly cause outbreaks of flu amongst pigs; these viruses do not normally infect humans: however, human infections do occur. Public health officials have determined that this strain of swine flu virus spreads from human to human and can cause illness.

The symptoms of swine flu in people are similar to that of seasonal flu in humans and may include,

- Fever greater than 100F
- Sore Throat
- Cough
- Stuffy nose
- Chills
- Headaches & Body Aches
- Fatigue

To prevent the spread of the flu: Avoid contact with ill people, cover your nose and mouth with a tissue or sleeve if you sneeze. Discard used tissues in a trash receptacle. **Wash your hands with soap and water or use an alcohol based hand gel.**

**If you think your child is sick please keep him/her home.**

The best way to keep everyone healthy and safe is to keep them home if they are sick especially if they have a fever. Please keep reminding your children of the importance of frequent hand washing. When calling in that your child is sick please report **all symptoms**. This is a **State of New Jersey requirement**.

Thank you in advance for your attention to this matter. We can count on you to be partners in keeping our children safe & healthy.

Mrs. S. D'Angelo, R.N.

Ms. Heather Muller, Principal